

Volume 12, Issue 10: Maximize Your Second Quarter

Are you in age bracket of between 20 and 40 years of age? If you are, you are in what is generally considered the second quarter of life. At the age of 20 you are most likely almost done with your first college degree. A few years thereafter is the stage when most people are starting their careers and getting married.

By the age of 30, most married young people are underway in starting a family, are almost completing their master's degree and are advancing in their careers. And by the age of 40, most people are settled in their careers and are raising pre-teens and/or teens.

It is in the second quarter that you need you maximize your gains. You can't wait for after 40 to get yourself on track. Now is the time to do the work, to lay the foundation for the future you want.

The second quarter is the quarter when you get ahead in life. It is where you actually gain ground. So take full advantage of it and rack up the points. Doing so will give you a better foundation for your forties and fifties and sixties and beyond.

Finances: Are you mastering your finances in your second quarter? Are you aggressively saving and investing now while you have the resources at hand? Take advantage of the time vale of money and start early. Save as much as you can in your second quarter.

Career: Are you advancing your career in your second quarter? Don't postpone your master's degree. Take advantage of the professional development opportunities that are available to you in your second quarter. Set yourself up for abounding success in your forties and beyond.

Physical Health: Are you taking care of your body in your second quarter? Are you eating mostly wholesome foods and exercising? Work to take care of your body in your second quarter. Your future life will thank you for it.

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Relationships: Are you investing in good friendships in your second quarter? It's the friendships that you build in your second quarter that will carry you through the third and fourth quarters of your life.

Spirituality: Are you building your spiritual muscle in your second quarter? This is the time to not only be a regular church goer, but to deepen your walk with the Lord - to dive deeper into the Scriptures and to develop a strong prayer life.

Be intentional about maximizing the second quarter of your life. Doing so will give you a better foundation for the rest of your life.

For His Glory,

Lillian Chebosi