

Volume 13, Issue 04: Becoming

I recently pondered over a question posed by James Clear. He asked, "Who are you trying to become this year? What actions will reinforce that identity?" This question caught my attention, but I didn't know what to do with it at the time except park it for later. Taking a moment to ponder over it today brought out some of the key things that are important to me this year.

When I asked myself what I want to become this year, here's what came to the fore.

- I want to be person of respect - a respectful person
- I want to be a person who loves deeply
- I want to be a person who extends grace unreservedly
- I want to be a person who makes people feel valuable

I am yet to come up with one phrase that combines all these. But what's more important is figuring out how I am going to become that person. Here are the actions I reckon will enforce that identity.

- To be a respectful person, I must speak about others as if they were present, thereby refuse to engage in conversations that I wouldn't engage in if the subject of the conversation were present.
- To be a person who loves deeply, I must be guided by love and loyalty at all times.
- To be a person who extends grace unreservedly, I must act and respond with extravagant grace even when it is not deserved.
- To be a person who makes people feel valuable, I must make an effort to notice and to draw people out and to focus on them when am in their presence. I must make my time with people about them. Affirm them. Encourage them.

Becoming

Written by Lillian Chebosi

Wednesday, 24 January 2024 20:49

I have ways to go to polish this. But I am glad to have got it out of myself to start with. I purpose to polish it then print it out and put it where I can see it everyday to remind me to live it out.

Now it's your turn. Who do you want to become this year? What actions do you need to take to reinforce that identity?

For His Glory,

Lillian Chebosi